

Families of Faith 2022-2023 Overview

Our Moral Life in Christ

October: Our Destiny & Our Origin

- The Beatitudes & the meaning of life

God made each and every person to be with Him forever in Heaven.

November: Free to Choose the Good

- What is true freedom?
- How sin affects us & how to avoid sin
- Forming our conscience

The Golden Rule is to do unto others as you would have them do unto you.

December: The Virtues

- The Cardinal Virtues (prudence, justice temperance, fortitude)
- The Theological Virtues (faith, hope, charity)

Habits become nature. Virtue is a habitual and firm disposition to do the good.

January: The 10 Commandments (Part 1)

- God helps us on our journey to Heaven
- The 2 Great Commandments (love the Lord & love your neighbor – Matt. 22:37-40)
- The 4th Commandment & the Domestic Church

Commandments 1-3 teach us how to love God, commandments 4-7 teach us how to love our neighbor

February: The 10 Commandments (part 2)

- Who do you belong to?
- 5th & 6th Commandments = respect life and our bodies
- Cultivating gratitude as help in following the 10 Commandments

"We are stewards, not owners, of the life God has entrusted to us. It is not ours to dispose of." CCC 2280

March: The New Commandment, Works of Mercy, & Beatitudes (part 1)

- Christian discipleship & the New Commandment (love one another as I have loved you – John 13:34)
- Corporal & Spiritual Works of Mercy
- Beatitudes 1-4

Loving God & our neighbor as ourselves is the surest way to show that we are disciples of Christ.

April: Beatitudes (part 2), Social Justice, & The Mission of Christian Discipleship

- Beatitudes 5-8
- We are created for community
- The family as our 1st teacher
- Natural rights

The Beatitudes are the heart of Jesus' preaching.